



Zoe

3" press mold
Instructions for
polymer clay & food

Clean mold with damp cloth. Press polymer clay or food products in each half of the mold.

Scrape material level on each side. Push excess clay inside the lines of the dolls shape. Place a toothpick or metal wire in the back half of the dolls torso and head as shown.



Push material into the shape. Insert toothpick or metal in back. Press halves together hard!

Leave mold together. Band it with tape or a rubber band if desired. Put in the freezer for 15-20 minutes. Open carefully, remove doll by toothpick or metal wire. Lightly trim off excess material while doll is cold. Let sit to reach room temp. pose your doll, smooth all rough edges, remove toothpick and play.



Don't forget to add her navel!

