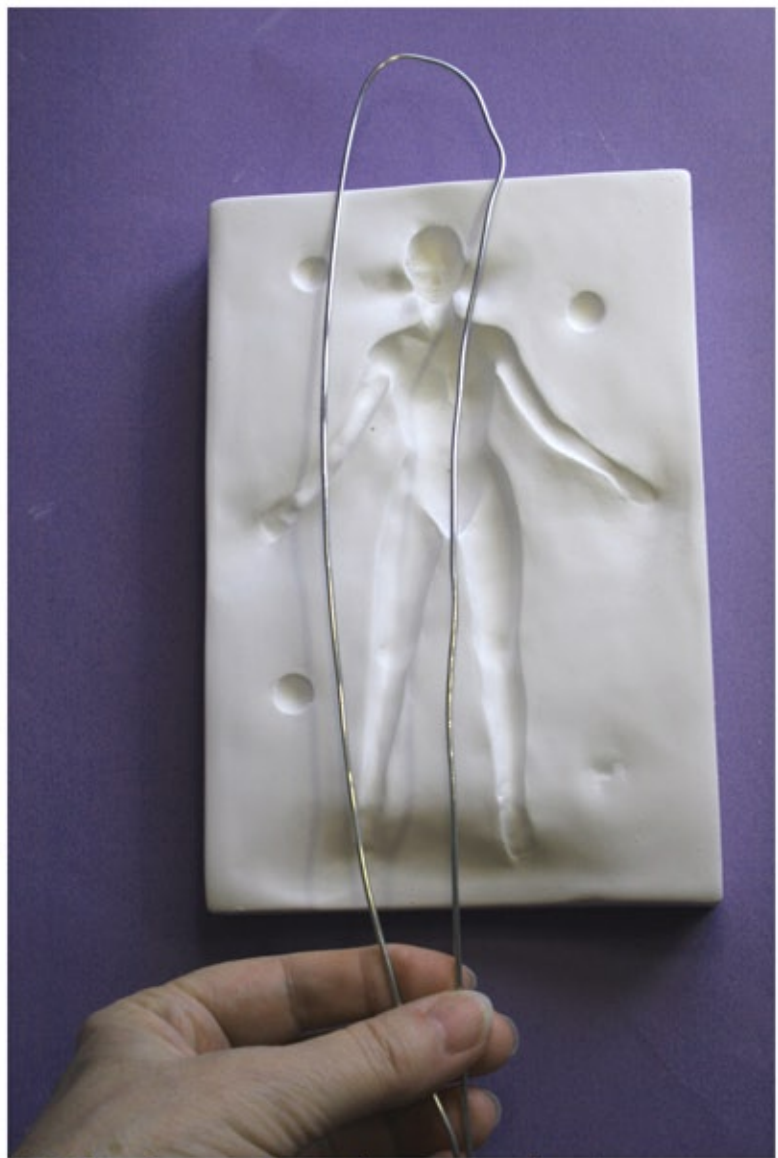
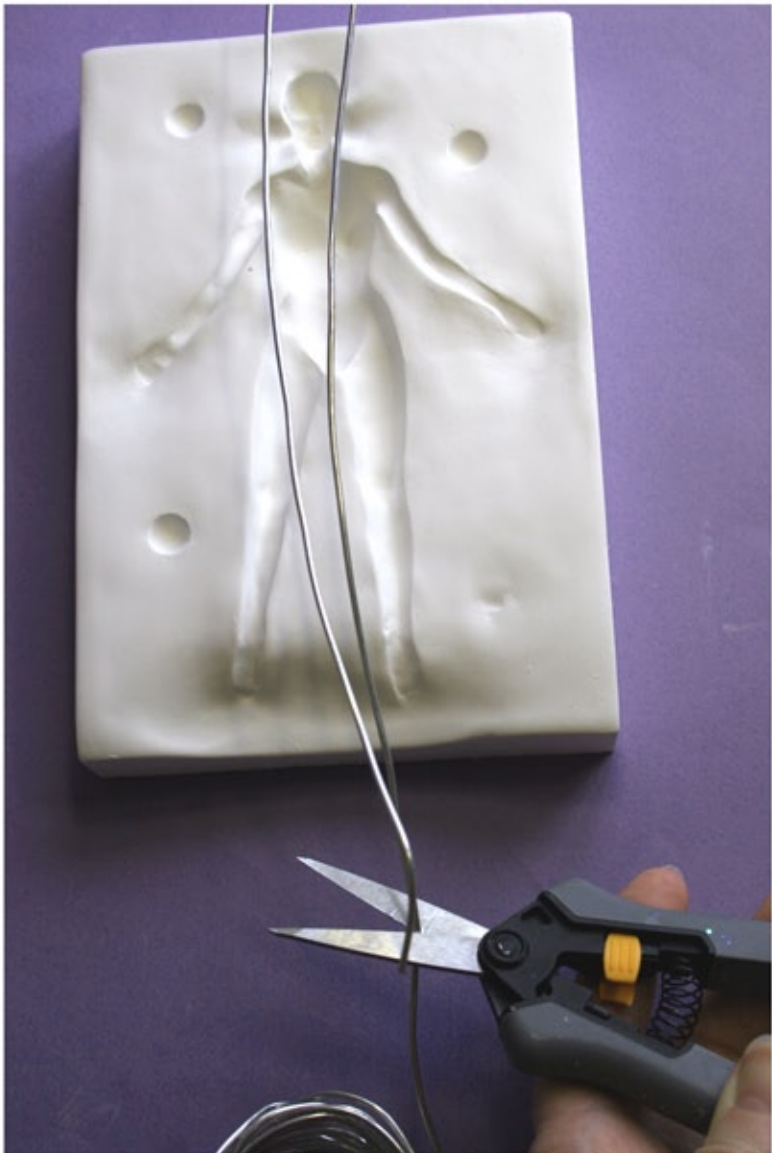




Any wire will work. I am using a larger wire here only to show more detail. Cut longer than the length of the mold to start.



Make a loop at the top large enough to insert your finger into. Start twisting it in either direction, it does not matter which way you choose.

